

30 April 2008



ROC OIL COMPANY LIMITED ("ROC")

STOCK EXCHANGE RELEASE

ACTIVITY UPDATE: DRILLING

1. Offshore Mauritania

Roc Oil (Mauritania) Company, a wholly owned subsidiary of ROC, advises that as at 0100 hours (local time) on 28 April 2008, the Banda NW ST-1 sidetrack well, had reached a Total Depth of 2,934 mBRT and wireline logs, including sampling and pressure measurement tools, were being run.

Preliminary logging results indicate that the well has encountered oil and gas columns with contacts similar to those seen in the discovery well, approximately 2 kilometres to the east.

Participating Interests in the PSC Area B Joint Venture are:

ROC Group Companies	3.693%
PC Mauritania I Pty Ltd (Operator)	53.846%
Tullow Oil plc.....	21.600%
Mauritania Holdings B.V	11.630%
Premier Oil Mauritania B Limited	9.231%

2. Blane Oil Field, North Sea

Roc Oil (GB) Limited, a wholly owned subsidiary of ROC, advises that as at 0600 hours (local time) on 25 April 2008, the "Ocean Princess" rig had moved off location following successfully completing injectivity tests on the 30/3a-3z well.

The forward programme is to finalise the connection of the 30/3a-3z well to the Ula Platform and commission the well by the end of May 2008.

Unitised Interests in the Blane Oil Field are:

Roc Oil (GB) Limited	12.5%
Talisman Energy (UK) Limited (Operator)	25.0%
Talisman Energy Norge AS	18.0%
MOC Exploration (UK) Limited (a subsidiary of Nippon Oil Corporation).....	14.0%
ENI UK Limited	13.9%
ENI ULX Limited	4.1%
Bow Valley Petroleum (UK) Limited	12.5%

In accordance with ASX and AIM Rules, the information in this Release has been reviewed and approved by Dr John Doran, Chief Executive Officer, Roc Oil Company Limited, BSc (Hons) Geology, MSc and PhD. Dr Doran, who is a member of the Society of Petroleum Engineers, has more than 30 years of relevant experience within the industry and consents to the information in the form and context in which it appears.

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