



18 February 2010

ROC OIL COMPANY LIMITED ("ROC")

STOCK EXCHANGE RELEASE

CABINDA ONSHORE SOUTH BLOCK, ANGOLA: ACTIVITY UPDATE

Lacula Oil Company Limited, a wholly owned subsidiary of ROC, provides an update on activity at the Cabinda Onshore South Block, Angola.

Production testing is currently in progress on the Castanha-1 exploration well. The Operator has advised that an initial test recovered 400 BBLs of 33° API oil to surface from a 4 metre test interval (between 2,217 mBRT and 2,221 mBRT) in the pre-salt Chela Formation, which was reported as a maximum flow rate of 2,275 BOPD through a 5/8 inch choke. As previously advised, the well encountered a gross hydrocarbon column of approximately 15 metres between 2,214 mBRT and 2,229 mBRT.

Production testing is continuing and a full evaluation of results will be required before the potential of the discovery can be determined.

Participating Interests in the Cabinda Onshore South Block are:

Pluspetrol Angola Corporation (Operator)	45%
Force Petroleum de Angola, S.A.	20%
Sonangol P&P	20%
Lacula Oil Company Limited (ROC)	10%
Cuba Petroleo.....	5%

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